



## Therapeutic Gardening Lead

### Job details

Title: Therapeutic Gardening Lead

Company: Bloom Sheffield CIC

Salary: £26,000 pro rata

Hours: 30 hours per week, flexible, however some weekend delivery is essential

Contract: Fixed term for 12 months, possible extension dependant on funding

Responsible to: Director

Responsible for: Volunteers (during sessions)

Locations: Our gardens are at Heeley and Meersbrook Allotment, S8 9HY and Wortley Hall, S35 7DB you can find out more about our gardens [here](#). Our office is based in our shop on Chesterfield Road, S8 0RY. Some remote working is also possible.

Our jobs, like our gardens, are open to all women and non-binary people, we are a trans-inclusive organisation.

### Key Dates

Information session: Wednesday 3rd January 2024 (more information below)

Application deadline: 9am on Wednesday 10th January 2024

Interview date: Week commencing 22nd January 2024

### About Bloom

Bloom Sheffield is a community flower garden for women and non-binary people that promotes positive mental health through therapeutic horticulture. We aim to improve mental health and wellbeing, reduce social isolation and teach and share new skills.

Find out more about us [here](#), or on Instagram [here](#).

### Who we're looking for:

We are looking for a Therapeutic Gardening Lead who will be responsible for managing referrals and delivering our Gardening To Feel Good groups. These groups are for women and non-binary people who have self-referred or have been referred to us via primary or secondary care for support in managing their mental health. The groups run in 8 weeks blocks, with around 8 attendees for 2 hours at a time. They will take place across our 3 community gardens. We are looking for someone who has experience working in mental health services and is professional, approachable and friendly.

### Responsibilities of the role:

- Independently manage and screen self-referrals and referrals from healthcare providers and other sources as required
- Conduct initial assessments, identifying and prioritising need as appropriate
- Work collaboratively with attendees to help them access our gardens, adapting activities and environments as required
- Plan, deliver and manage four separate Gardening To Feel Good groups per week offering at least one weekend group
- Measure and evaluate the impact of each block of sessions ensuring all data is collated and ready to feedback to funders and other stakeholders
- Conduct progress & signposting meetings with attendees to ensure they can access further support after attending the groups
- Manage, train and supervise volunteers who support the groups
- Promote the benefits of therapeutic horticulture and the services that Bloom Sheffield provides to a variety of healthcare and community organisations across the city, generating new sources of referrals

In addition to your core responsibilities, you will also be required to support the team with other tasks and responsibilities as we change and grow as an organisation together.

### Things we are looking for:

- Experience of working in a mental health setting and supporting people with mental health needs

- Experience or knowledge of Occupational Therapy
- Experience in facilitating therapeutic groups
- Experience in handling referrals and carrying out initial assessments, identifying barriers to engagement
- Experience as a reflective practitioner, seeking support and training as required
- Confident in collaboratively setting goals with potential attendees
- Have an interest in gardening and a willingness to learn new skills
- Be physically fit and willing to work outdoors in all weather conditions
- Able to independently manage own time and workload effectively and productively
- Able and willing to adapt, be flexible and work closely within a small team
- Able to communicate effectively with other staff, volunteers and attendees
- Experience using Google Drive including Gmail, Sheets and Docs and Forms
- Have a full, clean driving licence and access to a vehicle

Please use the application form to tell us about yourself, your experiences and how you will fit into the role. We don't expect you to have all the qualities outlined above and will encourage and support you to develop your skills through both in house and external training. We value volunteering, educational and lived experience as well as paid work.

Things you can expect from us:

- A welcoming, friendly and supportive team environment
- An induction process to help you ease into the role
- All equipment you will need to fulfil the role
- Access to training and support wherever you need it
- Regular one-to-ones
- Flexible working
- 3% Pension contribution
- 28 days holiday pro rata

Find out more

We are holding an online information session regarding the role on Wednesday 3rd January at 6pm. This is an opportunity to meet some of the team, get an overview of Bloom Sheffield and the role and ask any questions you may have. If you want to attend please sign up via [this form](#).

If you cannot attend, please feel free to email Kendall on [kendall@bloomsheffield.com](mailto:kendall@bloomsheffield.com) to ask any questions you may have or request an informal chat on the phone.

### Equal Opportunities Statement

Our jobs, like our garden, are open to all women and non-binary people, we are a trans-inclusive organisation. We believe in embracing diversity and creating an inclusive workplace for all employees to thrive. We value lived experience at all levels of our organisation.

We are happy to make reasonable adjustments to the recruitment process for candidates that have an impairment, disability, or learning difference. If you would like to discuss alternative application and interview formats, or any support you need, please get in touch with Kendall on [kendall@bloomsheffield.com](mailto:kendall@bloomsheffield.com).

### How to apply

You will need to complete the online application form [here](#). The first set of questions asking your personal details will be removed from shortlisting so that the process is anonymised. This information will be used only to contact you regarding your application or as data to inform and improve our application processes and reach in the future.

You will then be asked to answer the following five questions:

- Tell us about your experience of working in mental health services and any relevant qualifications or training you have
- Describe your experience of managing referrals, setting goals and identifying need
- Tell us about your experience of planning and facilitating therapeutic groups or workshops
- Tell us about your experience of evaluating groups and how you reflect on success
- Tell us what else you think we should know about you

The answers you provide for these questions will be used to shortlist candidates for interviews.

If you would prefer to send a short (5 minute) video answering the above questions you can do by emailing it directly to Kendall on [kendall@bloomsheffield.com](mailto:kendall@bloomsheffield.com)

Interviews will be held w/c 22nd January at our shop on Chesterfield Road (S8 0RY) We know interviews can seem daunting but this is an invitation to a conversation about yourself, Bloom Sheffield and the role. Not a test to catch you out or trick you. We will send you the interview questions in advance so that you will have time to prepare.

Whatever the outcome we will email all applicants informing them of our shortlisting decisions by Friday 19th January 2024.